

VACCINE	HOW DISEASE SPREADS	DETAILS
<a href="#">Hepatitis A</a>	Food & Water	Recommended for most travelers
<a href="#">Hepatitis B</a>	Blood & Body Fluids	Recommended for travelers to most regions.
<a href="#">Typhoid</a>	Food & Water	Recommended for travelers to most regions.
<a href="#">Cholera</a>	Food & Water	Cases have been reported in multiple regions throughout 2018 and 2019. Vaccination recommended for long-term, humanitarian and healthcare travelers.
<a href="#">Yellow Fever</a>	Mosquito	Required if traveling from a region with yellow fever. Recommended for all travelers over 9 months of age, except if traveling to: North Eastern and Coast Province; Kilifi, Kwale, Lamu and Malindi states; and the cities of Mombasa and Nairobi
<a href="#">Rabies</a>	Saliva of Infected Animals	High risk country. Vaccine recommended for long-term travelers and those who may come in contact with animals.
<a href="#">Meningitis</a>	Airborne & Direct Contact	Located in the meningitis belt, vaccination is recommended during the dry season (Dec. – June)

## Routine Vaccinations for Kenya

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<a href="#">Measles Mumps Rubella (MMR)</a>	Various Vectors	Given to anyone unvaccinated and/or born after 1957. One time adult booster recommended.
<a href="#">TDAP (Tetanus, Diphtheria &amp; Pertussis)</a>	Wounds & Airborne	Only one adult booster of pertussis required.
<a href="#">Chickenpox</a>	Direct Contact & Airborne	Given to those unvaccinated that did not have chickenpox.
<a href="#">Shingles</a>	Direct Contact	Vaccine can still be given if you have had shingles.
<a href="#">Pneumonia</a>	Airborne	Two vaccines given seperately. All 65+ or immunocompromised should receive both.
<a href="#">Influenza</a>	Airborne	Vaccine components change annually.
<a href="#">Polio</a>	Food & Water	Considered a routine vaccination for most travel itineraries. Single adult booster recommended.